ORTHODOX CHURCH OF ST. HERMAN OF ALASKA

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Welcome Home! We are glad you are with us today.
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May 3, 2026 – 4th Sunday of Pascha
The Raising of the Paralytic

Please welcome Fr Ilijah Balach today, from St Nicholas in Steelton, PA.

Schedule

Sat May 2 – NO VESPERS
Sun May 3, 9am – Divine Liturgy & Fellowship
Tues May 5, 3:15pm – Helping Harvest Food Distribution at Ss C&H

Sat May 9, 2-4pm – Know Your Faith class
Sat May 9, 4pm – Great Vespers & confessions
Sun May 10, 9am – Divine Liturgy & Fellowship *(Sunday of the Samaritan Woman.) Blessing of graves following Coffee Hour*

Sat May 16, 4pm – Great Vespers & confessions
Sun May 17, 9am – Divine Liturgy *(Sunday of the Blind Man.)* Inquirer's Fellowship following Coffee Hour.

Hymns of the Day

For the Resurrection (Tone 3)

Let the heavens rejoice! / Let the earth be glad! / For the Lord has shown strength with His arm. / He has trampled down death by death. / He has become the first born of the dead. / He has delivered us from the depths of hell, and has granted to the world // great mercy.

Glory ... Kontakion for the Healing of the Paralytic (Tone 3)

By Thy divine intercession, O Lord, / as Thou didst raise up the Paralytic of old, / so raise up my soul, paralyzed by sins and thoughtless acts; / so that being saved I may sing to Thee: // "Glory to Thy power, O compassionate Christ!"

Now & ever ... Kontakion for Pascha (Tone 8)

Thou didst descend into the tomb, O Immortal, / Thou didst destroy the power of death. / In victory didst Thou arise, O Christ God, / proclaiming, "Rejoice!" to the Myrrhbearing Women, // granting peace to Thine Apostles, and bestowing Resurrection on the fallen.

Instead of "It is truly meet"

The angel cried to the Lady full of grace: Rejoice, O pure Virgin! Again I say: Rejoice! Your Son is risen from His three days in the tomb; with himself He has raised all the dead. Rejoice, O ye people!

Shine! Shine! O New Jerusalem! The glory of the Lord has shone on you. Exult now and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection of your Son.

Today's Scripture

Epistle: Acts 9:32-42

In those days, as Peter went through all parts of the country, that he also came down to the saints who dwelt in Lydda. There he found a certain man named Aeneas, who had been bedridden eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus the Christ heals you. Arise and make your bed." Then he arose immediately. So all who dwelt at Lydda and Sharon saw him and turned to the Lord.

At Joppa there was a certain disciple named Tabitha, which is translated Dorcas. This woman was full of good works and charitable deeds which she did. But it happened in those days that she became sick and died. When they had washed her, they laid her in an upper room. And since Lydda was near Joppa, and the disciples had heard that Peter was there, they sent two men to him, imploring him not to delay in coming to them. Then Peter arose and went with them. When he had come, they brought him to the upper room. And all the widows stood by him weeping, showing the tunics and garments which Dorcas had made while she was with them. But Peter put them all out, and knelt down and prayed. And turning to the body he said, "Tabitha, arise." And she opened her eyes, and when she saw Peter she sat up. Then he gave her his hand and lifted her up; and when he had called the saints and widows, he presented her alive. And it became known throughout all Joppa, and many believed on the Lord.

Gospel: Mark 15:43-47; 16:1-8

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, which is called in Hebrew, Bethesda, having five porches. In these lay a great multitude of sick people, blind, lame, paralyzed, waiting for the moving of the water. For an angel went down at a certain time into the pool and stirred up the water; then whoever stepped in first, after the stirring of the water, was made well of whatever disease he had.

Now a certain man was there who had an infirmity thirty-eight years. When Jesus saw him lying there, and knew that he already had been in that

condition a long time, He said to him, “Do you want to be made well?” The sick man answered Him, “Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me.” Jesus said to him, “Rise, take up your bed and walk.” And immediately the man was made well, took up his bed, and walked.

And that day was the Sabbath. The Jews therefore said to him who was cured, “It is the Sabbath; it is not lawful for you to carry your bed.” He answered them, “He who made me well said to me, ‘Take up your bed and walk.’ ” Then they asked him, “Who is the Man who said to you, ‘Take up your bed and walk’?” But the one who was healed did not know who it was, for Jesus had withdrawn, a multitude being in that place. Afterward Jesus found him in the temple, and said to him, “See, you have been made well. Sin no more, lest a worse thing come upon you.” The man departed and told the Jews that it was Jesus who had made him well.

Prayers

The newly-departed: Patriarch Ilia of Georgia (3/17) Fr Joseph Gallick (4/4). Stephanie Hojnicki (4/15). Vera Eckert (4/25).

For health of: Abp. Nathaniel, Abp. Alexander, Abp. Benjamin, Pani Anna Marie Slovesko, Mat. Elizabeth Meyer, Bernard Kusior, Nina Fatula, Gloria Spitko, Jessica (Philothea) Sullivan and her infant Lucas, Richard Kawood. ***For our Catechumens:*** Bradley Bosch, Brian Craig.

And for all who are seeking the Good News of our Lord Jesus Christ in the fullness of the Orthodox Faith.

Annoucements

When writing checks for donations or other purposes, the check **must** be written to “**Orthodox Church of St Herman**”, not “St Herman’s Orthodox Church”. This is causing some checks to be rejected by the bank. We’re sorry for this inconvenience, but we are limited by the bank’s policies.

Helping Harvest Food Distribution is THIS TUESDAY, at Ss. Constantine & Helen. If you are interested in helping, please speak with Stephanie Selis for more information. (This is for distributing food already prepared/packaged by Helping Harvest. If you have items to donate to the food drive, please leave them in our narthex instead.)

NEXT WEEK on Saturday May 9 is our next **Know Your Faith class**, from **2pm** until Vespers. Materials will be sent out shortly. If you are not already on the email list for study materials and would like to be, please email or text Fr John.

CHRIST IS RISEN!

English:	Christ is risen!	*Indeed He is risen!*
Slavonic:	(C)hristos voskres(e)!	*Voistinu(i) voskres(e)!*
Greek:	Christos anesti!	*Alithos anesti!*
Arabic:	El Messieh q'ahm!	*Hakken q'ahm!*
Albanian:	Krishti U Ngjall!	*Vertet U Ngjall!*
German:	Christus ist auferstanden!	*Wahrlich, Er ist auferstanden!*
Spanish:	Cristo ha resucitado!	*En verdad ha resucitado!*
Latin:	Christus resurrexit!	*Vere resurrexit!*
French:	Le Christ est réssuscité!	*En verite il est réssuscité!*
Japanese:	Harisutos Fukkatsu!	*Jitsu ni Fukkatsu!*
Romanian:	Hristos a inviat!	*Adevărat a înviat!*
Georgian:	Kriste aghsdga!	*Cheshmaritad aghsdga!*
Irish Gaelic:	Tah Kreest asháyreeha!	*Ta shay asháyreeha guhdjévin!*

Welcome to all visitors who have prayed and celebrated the Divine Liturgy with us this morning! We invite all of you downstairs for fellowship after the conclusion of the Liturgy. If you have any questions, please reach out to Fr. John at any time. *We love you and hope to see you again!*

Please note: In the Orthodox Church, the receiving of Holy Communion is the sign of one's ***full participation in the mystery of the Faith****, and all Orthodox Christians should receive it frequently.*

For this reason, Communion is offered only to Orthodox Christians who are ***prepared*** *to receive it (through* ***prayer****,* ***fasting****, and a recent* ***confession****) and are* ***at peace with each other****. Those who partake of the Eucharist normally fast from food and drink in the morning before the Divine Liturgy, as they are able.*

Attendance

Mon Apr 6 Bridegroom Matins: 9
Tue Apr 7 Bridegroom Matins: 5
Wed Apr 8 Unction: 11
Thu Apr 9 Holy Thursday Liturgy: 4
Thu Apr 9 Passion Gospels: 13
Fri Apr 10 Royal Hours: 5
Fri Apr 10 Burial Vespers: 13
Fri Apr 10 Holy Sat Matins: 23
Sat Apr 11 Holy Sat Liturgy: 16
Sat Apr 11 PASCHA: 26
Sun Apr 12 Paschal Vespers: 6
Tue Apr 14 Bright Tuesday Liturgy: 7

Sun Apr 19 : 28 adults, 2 children (Communion: 18 adults, 2 children)
Sun Apr 26 Liturgy: 25 adults, 0 children (Communion: 16 adults, 0 children)