ORTHODOX CHURCH OF ST. HERMAN OF ALASKA

sthermanshillington.org

133 West Broad Street
Shillington, PA 19607
610-775-4461

Fr. John Black, rector
johnmblack@gmail.com

Welcome Home! We are glad you are with us today.
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June 21, 2026 – 3rd Sunday After Pentecost

*We continue the **Apostles' Fast, until Mon. June 29** (the feast of Ss Peter & Paul).*

Sat June 20, 4pm – Great Vespers & confessions
Sun June 21, 9am – Divine Liturgy. ***Inquirer's Fellowship** after Coffee Hour.*

Wednesday June 24 is the Feast of the Nativity of St John the Baptist.
Tues June 23, 6:00pm – Great Vespers & Litya
Wed June 24, 9:00am – Divine Liturgy

*Sat June 27, 2-4pm – **Know-Your-Faith Class***
Sat June 27, 4pm – Great Vespers & confessions
Sun June 28, 9am – Divine Liturgy & Fellowship
*followed by **Vespers** for the Feast of **Ss. Peter & Paul***
Mon June 29, 9am –Liturgy for Ss. Peter & Paul
Tues June 30, 9:30am – Divine Liturgy for the Synaxis of the Apostles *at Holy Apostles Orthodox Church, 7111 Wertzville Rd, Mechanicsburg, PA*

Sun June 28 – Sat July 4: St Tikhon's Summer Camp

Sat July 4, 4pm – Great Vespers & confessions
Sun July 5, 9am – Divine Liturgy & fellowship
Tues July 7, 3:15pm – Helping Harvest Food Distribution at Ss C&H

Looking ahead: Sun July 19: Knoebel's Picnic, sponsored by the Harrisburg Chapter of the Fellowship of Orthodox Christians in America.

Hymns of the Day

Troparion for the Resurrection (Tone 2)

When Thou didst descend to death, O Life immortal, / Thou didst slay hell with the splendor of Thy Godhead. / And when from the depths Thou didst raise the dead, / all the powers of heaven cried out: // "O Giver of life, Christ our God, glory to Thee!"

Troparion for St. Herman (Tone 4, Valaam melody)

O blessed Father Herman of Alaska, / North Star of Christ's holy Church, / the light of your holy life and great deeds / guides those who follow the Orthodox way. / Together we lift high the Holy Cross / you planted firmly in America. / Let all behold and glorify Jesus Christ, // singing His holy Resurrection.

(Glory) Kontakion for the Resurrection (Tone 2)

Hell became afraid, O almighty Savior, / seeing the miracle of Thy Resurrection from the tomb! / The dead arose! Creation, with Adam, beheld this and rejoiced with Thee, // and the world, O my Savior, praises Thee forever.

(Now & ever) To the Mother of God (Tone 6)

Protection of Christians never failing, / Mediatress before the Creator, ever constant. / Do not despise the voice of prayer of sinners, / but in your goodness come to help us who faithfully call upon you. / Hasten to entreat, hurry to pray, O Theotokos, // interceding always for those who honor you.

Today's Scripture

Epistle: Romans 5:1-10

Brethren: Having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

For when we were still without strength, in due time Christ died for the ungodly. For scarcely for a righteous man will one die; yet perhaps for a good man someone would even dare to die. But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from wrath through Him. For if when we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life.

Gospel: Matthew 6:22-33

The Lord said, "The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light. But if your eye is bad, your whole body will be full of darkness. If therefore the light that is in you is darkness, how great is that darkness! No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other. You cannot serve God and mammon.

Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing? Look at the birds of the air,

for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they? Which of you by worrying can add one cubit to his stature? So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin; and yet I say to you that even Solomon in all his glory was not arrayed like one of these. Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith? Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things. But seek first the kingdom of God and His righteousness, and all these things shall be added to you."

Announcements

Mary's Shelter is seeking donations of gently-worn shoes (or even new shoes), for any age. They have set a goal of 10,000 pairs by the end of summer! Shoes can be dropped off at Mary's Shelter, 615 Kenhorst Blvd, Reading. *OR, maybe a parishioner can create a collection box here at St Herman's, and take them periodically?*

Reading Hospital is seeking daytime volunteers for its "No One Dies Alone" program to remain at bedside with patients at end-of-life. "Volunteers receive comprehensive training and are asked only to offer their time and presence by sitting quietly with patients, reading to them, or simply offering a hand to hold." Volunteers must be 18 and submit to a background check. Please let Fr John know if you are interested. (Perhaps if there are multiple parishioners, we can go to training as a group.)

We are continuing our collection for Jess Sullivan who is battling cancer. Cash or Amazon gift cards are the most useful. See Kathy Wanenchak or Marina Long (or if they are unavailable, write "For Jessica" on a blank envelope). *Please keep Jess (Philothea) and her whole family in your fervent prayers.*

The Shillington / Governor Mifflin area celebrates the 50th anniversary of *Community Days*, Fri June 26 – Sat July 4, located at Governor Mifflin Intermediate School. For more information, see communitydays.com.

Social Hour & Church Cleanup Schedule

	Social Hour	**Church Clean-up**
	June 8 - 29: Apostles' Fast	
June 14	Marie Drosdak & Stephanie Drosdak	Eugene & Kathy Wanenchak
June 21	Karen Sichak & Becky Kauffman	Marie Drosdak & John Waselus
June 28	Daria Teter & Marina Long	Brad & Becky Kauffman

Prayers

The newly-departed: John Frimenko (5/6).

For health of: Abp. Nathaniel, Abp. Alexander, Abp. Benjamin, Pani Anna Marie Slovesko, Mat. Mary Reynolds, Bernard Kusior, Nina Fatula, Gloria Spitko, Jessica (Philothea) Sullivan & infant Lucas, Richard Kawood, Peggy Hay. ***For our Catechumens:*** Bradley Bosch, Brian Craig, Zaden Mershon. ***For our diocese's seminarians and families:*** Subdeacon Jacob & Mariana Kurtz (Luka, Noah, & Magdalena), Reader Alexander Koropsak, Nicholas & Abigail Sheridan.

Attendance

Sun Apr 19 Liturgy: 30 (28 A, 2 C)	Sun May 31 Liturgy: 32 (27 A, 5 C)
Sun Apr 26 Liturgy: 25	Sun Jun 7 Liturgy: 28
Sun May 24 Liturgy: 44 (37 A, 7 C)	Sun Jun 14 Liturgy: 29 (28 A, 1 C)

Our Diocesan Seminarians

We are blessed to have 3 seminarians from our sister parishes living and studying at our seminaries. It is a difficult life; spiritually, logistically, and financially. Seminarians usually do not have outside employment due to the intensity of their studies and other responsibilities, and many seminarian families struggle to make ends meet. We can help them with monetary gifts or gift cards sent directly to them. Even if you are unable, please add them to your daily prayers. *May God grant them good strength and many blessed years!*

Nicholas and Abigail Sheridan
St. Vladimir's Seminary
575 Scarsdale Rd, Yonkers, NY 10707
Home Parish: St Herman's, Gradyville

Rdr. Alexander Koropsak
St. Vladimir's Seminary
575 Scarsdale Rd, Yonkers, NY 10707
Home Parish: Holy Apostles, Mechanicsburg

Sdn. Jacob and Mariana Kurtz
St. Tikhon's Seminary
P.O. Box 130, South Canaan, PA 18459
Children: Luka, Noah, & Magdalena
Home Parish: Holy Apostles, Mechanicsburg

Welcome to all visitors who have prayed and celebrated the Divine Liturgy with us this morning! We invite all of you downstairs for fellowship after the conclusion of the Liturgy. If you have any questions, please reach out to Fr. John at any time. *We love you and hope to see you again!*

Please note: In the Orthodox Church, the receiving of Holy Communion is the sign of one's ***full participation in the mystery of the Faith****, and all Orthodox Christians should receive it frequently.*

For this reason, Communion is offered only to Orthodox Christians who are ***prepared*** *to receive it (through* ***prayer****,* ***fasting****, and a recent* ***confession****) and are* ***at peace with each other****. Those who partake of the Eucharist normally fast from food and drink in the morning before the Divine Liturgy, as they are able.*